# **PWC Community Allies and Contact Information**

The Human Services Alliance of Greater Prince William

### Icon Guide

<b>Š</b>	Food Administration		Childcare Assistance
$\triangle$	Emergency Shelter		Employment Support
	Household Application Assistance and Benefits Navigation		Mental and Behavioral Health
	Rent Payment and Eviction Housing Assistance	-@-	Utility Assistance

### **Alliance Partners and Services**

Besides ARPA services, the Human Service Alliance of Greater Prince William (The Alliance) has community members who offer plenty of assistance outside the ARPA Grant. Below is a list of our partners and what they assist with. PWC services may or may not include residents of Manassas City or Manassas Park City.

See the next page for partner association contact information.

ALLIANCE ORGANIZATION	ď	<b>T</b>						-@-
1. ACTION in Community Through Service (ACTS)	ď	=	<u> </u>	-	-	-	<b>☆</b>	- <u>`</u>
2. Blue Ribbon Results Academy	1	***	-	=		-	-	-
3. Centro de Apoyo Familiar	ď	=	-			-	<b>^</b>	_
4. Crossroads Connection	ď	-	-	-	-		-	-
5. Edu-Futuro	ď	-	-			-	-	-
6. Formed Families Forward	-	-	-	-	-		-	-
7. George Mason University (GMU)	-	-	-	-	-	<b>@</b>	-	-
8. HireGround, Inc.	-	-	-	4		-	-	-
9. Northern Virginia Family Service	ď	<b>2</b>	A		-	<b>@</b>	<b>*</b>	-@-
10. Northern Virginia Food Rescue	ď	=	-	-	-	-	=	-
11. Northern Virginia Veterans Association	.=	=	-	-		-	=	-
12. Postpartum Support Virginia	=	=	-	-	-	<b>@</b>	-	-
13. Prince William County Community Foundation, Inc.	ď	-	-	-	-	-	-	-
14. St. Thomas United Methodist Church	ď	-	-	-	-	-	-	ı
15. Streetlight Community Outreach Ministries	ď	-	A	-	-	-	-	ı
16. The Arc of Greater Prince William	-	-	-	-	-	<b>@</b>	_	1
17. The Good News Community Food Kitchen	ď	-	-1	-	-	11-	-	-
18. The House, Inc.	ď	<b>X</b>	-	-	-	<b>@</b>	<b>^</b>	-@-
19. Virginia Community Food Connection	<b>Š</b>	-	-	-	-	_	_	-
20. Woodbridge Nazarene	舞	-	-	-	-	-		-
21. Youth for Tomorrow New Life Center	-	-	-	-	-		-	-

#### Alliance Partner Organization Contact Information

- 1. ACTS in Community through Service (ACTS) Provides hunger relief. Hunger Prevention Center is located at 3901 ACTS Lane, Dumfries VA 22026. Center's hours are Mondays & Thursdays 9- 12. Postpartum Support Virginia - Provides mental health support 11:30 am, Tuesdays & Fridays 1-3:30 pm. Closed on Wednesdays. For more information, contact info@actsgpw.org, (703) 441-8606, or contact ACTS' Helpline (703) 368-4141.
- 2. Blue Ribbon Results Academy Childcare via brain-based preschool, speech and occupational therapy screenings, and 4243 for the Student Enrollment Specialist.
- 3. Centro de Apoyo Familiar Provides navigation services, application counseling and referrals for rent, mortgage and public benefits assistance and food. To learn more, call 703-372-5440 or 14. St. Thomas United Methodist Church - Provides financial visit www.mycaf.org.
- 4. Crossroads Connection Provides food distribution, rent payment and eviction housing assistance, childcare help, mental and behavior health services, and utility assistance in Prince William County. To get food assistance, send an email to the Food Coordinator at <u>foodcoordinator@crossroads-connection.org</u>. Learn more about the other services by visiting our website, www.crossroads-connection.org.
- 5. Edu-Futuro Provides employment support and navigation services, housing application counseling and benefits navigation. As of Jan 2023, also providing Rent Payment and Eviction Housing assistance. Visit www.edu-futuro.org, email info@edu-futuro.org, or use WhatsApp to contact (571) 309-5455. For rent assistance, kristhyherrera@edu-futuro.org.
- 6. Formed Families Forward Offers "Positive Solutions for Families" classes for families raising young children with/at risk for disabilities. English and Spanish classes are available in person with childcare and meals included. NAMI PW will be assisting families with higher needs. Registration for trainings can be found online at www.FormedFamiliesForward.org. For more information, email info@formedfamiliesforward.org or call (703) 539-2904.
- 7. George Mason University (GMU) Provides free mental health support in English and Spanish to Prince William County residents 18. The House, Inc. – Provides food distribution through the HANGRY via an emotional support phone line, intervention screening, referrals, and counseling through the GMU Center for Psychological Services. For more information, email psycclin@gmu.edu or call (703) 993-1370.
- 8. HireGround Provides professional Skills Training, Job Placement, and Employment Support, Household Application Assistance 19. Virginia Community Food Connections - Provides food (Spanish) and resource navigation. To learn more, call 1-866-212-0743 or visit <u>www.hiregroundinc.org</u>.
- 9. Northern Virginia Family Service Provides rent/mortgage assistance, employment support, childcare assistance, utility assistance, insurance assistance, navigation services, and application counseling for rent, mortgage, and public benefits assistance. Works with the CES. To learn more, visit www.nvfs.org or contact Chantey Handy at (571) 462-7205, (571) 447-1117, or 20. Woodbridge chandy@nvfs.org. Can also call (571) 748-2600.
- 10. Northern Virginia Food Rescue Provides food distribution to PW County. Visit www.nova-fr.org or email info@nova-fr.org.
- navigation services, application counseling and referrals for rent, mortgage and public benefits assistance for veterans and their families. To learn more, visit www.novavets.org,

- Melissa@novavets.org or call (703) 659-0852. For general Inquiries, call (703) 659-0788, or email info@novavets.org.
- through a warmline, care coordination and support groups for pregnant and perinatal people suffering with a maternal mental health issue. Call the warmline at (703) 829-7152. Contact the Care Coordinator at (540)546-0513 hdarduka@postpartumva.org.
- speech therapy from trained speech pathologists. Call (571) 406- 13. Prince William County Community Foundation, Inc. Provides food distribution via the C.H.O.W Wagon, a mobile food pantry. To (800)455-4773 learn more, call email info@pwccfoundation.org.
  - assistance through utility assistance, a clothing closet with indemand work clothes and diapers, food distribution, and Rent/Mortgage assistance. Food Pantry hours are from 9:00-11:30 a.m. on Saturdays and Wednesdays from 5-7 p.m. The Clothing Closet is open the 3<sup>rd</sup> and 4<sup>th</sup> Saturday of every month during Food Pantry distribution. For utility assistance, call (703) 468-5161 during business hours. For rent assistance, call, or text Paula at (571) 576-4281.
  - 15. Streetlight Community Outreach Ministries Provides utility assistance and Rent Assistance. For an appointment, call (703) 491-2288 or email contact@thestreetlight.org. For rental assistance, please email rent@thestreetlight.org for an appointment.
- contact Jessika Bermudez phone at (202) 981-9608 or email 16. The Arc of Greater Prince William Provides teens and adults iPads and trains them on how to use them to participate in virtual classes to improve their mental health and emotional well-being. To learn more, contact Joy Ocetnik at jocetnik@arcgpw.org or (703) 670-4800.
  - 17. The Good News Community Food Kitchen Provides food distribution. To request support, email office@tgnck.org or call (703) 828-3445. For leadership, email Mercedes at the following: executivedirector@tgnck.org. Learn more at www.TGNCK.org.
  - Truck, a mobile food market and street kitchen that combats hunger relief with free groceries and meals. Also provides help with childcare, Rent and Mortgage payment assistance, and To learn more, call (703) 909-5459 or email info@thehouse-inc.com. Connect with The House, Inc. on social media using @thehouseinc.
  - distribution through fresh food access to low-income residents in PWC by offering SNAP and Virginia Fresh Match (VFM) at area farmers markets. Participants can use their EBT card to buy eligible food items and VFM will match up to \$30 in free produce. To learn more, email Beth Austin at bethaustin@virginiacfc.org, visit www.virginiacfc.org or follow VCFC on Facebook.
  - Nazarene \_ **CURRENTLY CLOSED FOR** CONSTRUCTION. Distributes free groceries Sundays 12:30-1:30 p.m. and Mondays 6:30-7:30 p.m. at 14001 Smoketown Road, Woodbridge, VA 22192.
- 11. (NOVA Vets) Northern Virginia Veterans Association Provides 21. Youth For Tomorrow New Life Center Provides free mental health counseling and psychiatric medication management for children, adolescents, and adults. To learn more, call (703) 659-9900 or complete the contact form on our website, www.youthfortomorrow.org.

# Manassas City Services & Resources

ď	Food Administration	<b>3</b>	Childcare Assistance
<u> </u>	Emergency Shelter		Employment Support
	Household Application Assistance and Benefits Navigation	<b>®</b>	Mental and Behavioral Health
	Rent Payment and Eviction Housing Assistance	- <u>@</u> -	Utility Assistance

NOTE: Some services may not be exclusive to Manassas City residents.

CITY PROGRAM NAME	SERVICE	PROGRAM DESCRIPTION	CONTACT INFO
Adult Protective Services (APS)		APS seeks to give freedom, safety, and least-restrictive care to exploited, abused, or neglected adults 60 and over and to incapacitated adults over 18.	Toll free: (888) 832-3858 (703) 335-8880 M-F 9-4pm
Adult Services Program (ASP)	<b>*</b>	The Adult Services Program is designed to help elderly individuals or other adults with an impairment who need services or support to enhance self-sufficiency. Services may include home-based services, adult foster care, adult day care, case management, nutrition, assisted-living facilities, and other community-based programs.	Find your local Department of Social Services for more screening information.
Child Abuse/Neglect Tipline		This tipline is for reporting suspected child abuse.	(800) 552-7096
Child Care Subsidy Program	***	CCSP helps families pay childcare costs for children under 13 years old who aren't eligible to attend public school during open hours. It is also available to children with special needs under 18 years old.	https://www.manassasva.go v/social services/adults, childen families/childecare.php
Coordinated Entry System (CES)		The CES is a process developed by the County to ensure that everyone has equal and fair access to housing resources and services.	CES Housing Hotline (703) 792-3366 (TTY: 711)
Elevate Program	•	ELEVATE offers grants for those who want to get free employment training from their network of job providers.  They also offer Job Fairs to help jobseekers and employers alike.	www.vcwnorthern.com/elevate
Energy Assistance Program (EAP)	- <u>`</u>	The EAP helps low-income families to help meet home heating and/or cooling expenses. <u>Talk with your energy provider</u> to see if they have a similar program!	(703) 792-7500 (TTY: 711) www.benefits.gov/benefit/6 23
Eviction Helpline	<u> </u>	This hotline is for those who are at risk of eviction. If you need extra assistance, please use this hotline for resources.	1 (833) 663-8428

Family Self-Sufficiency Program (FSS)	â	With the goal to reduce dependency on other federal programs like welfare or Section 8, the FSS provides opportunities for education, job training, counseling, and more while living in assisted housing to achieve such goals. Visit their website, for more details.	(703) 792-6000 (TTY: 711) Family Self-Sufficiency (pwcva.gov)
Financial Empowerment Center		Offered by the VCE, the financial empowerment center offers financial coaching, tax preparation, money management, and other opportunities. Visit their website, <a href="www.pwcvagov.org">www.pwcvagov.org</a> to search for more details.	(703) 792-6287 smartmoney@pwcgov.org
Get On Track (GOT) Treatment Services		GOT services helps identify and treat adolescents and young adults (ages 16-25) who may be showing early signs of psychosis or other mental health issues.	See Same Day Access below
Manassas City Public Schools		Some schools offer after-school care and programs for children.	(703) 257-8687
Mortgage Relief Program		This is a state-wide program for those who are behind/defaulting on their mortgage payments.	www.virginiamortgagrelief.c om (833) 687-8677
NAMI PWC Helpline		The NAMI helpline offers referrals and resource support for those with mental health issues.	Phone: (703) 659-9983 www.nami-pw.org
NAMI PWC Family Support Group		Offered in English and Spanish. This group is for those who need an extra support in their family life.	Phone: (703) 659-9983 info@nami-pw.org
NVFS Hunger Resource Center	ď	Located at the SERVE Campus, the Hunger Center provides emergency food assistance, nutritional information, and healthy eating strategies while on a budget.	(571) 748-2680
Parent-Infant Education		PIE is a sub-program offered by the Early Intervention Program of PWC's government. The program offers professional coaches for caregivers.	(703) 792-7879
PRS Crisis Link		The PRS Crisis Link is for those who need someone to talk to in hard times. It's free and confidential, staffed by trained volunteers and crisis line workers.  Available 24/7 year-round. Call and Text available.	Call: (703) 527-4077 or 988 for emergencies  Text: CONNECT to 85511 Chat: www.988lifeline.org/chat
Same Day Access		Available in Manassas and Woodbridge locations, individuals seeking counseling for mental health and/or substance abuse can contact Same Day Access for resources and connections without setting up an appointment beforehand.	Manassas: (703) 792-7800 (TTY: 711) Woodbridge: (703) 792-4900 (TTY: 711)

Trillium Center Peer Support Warmline		Talk with someone who cares and learn about available resources for mental health needs.	Call: (703) 763-3865 contact@trilliumcenterinc.or g
Virginia Cooperative Extension (VCE)		The VCE is a resource for people to get help with various topics like financial literacy or parenting help.	(703) 792-6289 (TTY: 711) smartmoney@pwcgov.org
Virginia Public Assistance		The state government of Virginia offers programs like Medicaid, SNAP, TANF, WIC, and other services. To see if you're eligible, the website has an eligibility calculator that you can use.	https://commonhelp.virginia.
Why Hunger Hotline	ě	This hotline refers people in need to food pantries, soup kitchens, meal sites, government nutrition programs, and	Call or text your zip code to: (800) 548-6479
wity franger fromine		grassroots organizations who provide access to nutritious food and support services.	https://whyhunger.org/find- food/

An online, shareable version of this document is available on our website at <a href="https://alliancegpw.org/gethelp">https://alliancegpw.org/gethelp</a>

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